



Province of the
EASTERN CAPE
EDUCATION

GRADE 12

**LIFE ORIENTATION
CONTROLLED TEST
16 AUGUST 2023**

Stanmorephysics

MARKS: 100

TIME: 2 1/2 hours

This question paper consists of 9 pages.

INSTRUCTIONS AND INFORMATION


1. This question paper consists of THREE sections, namely SECTION A, SECTION B AND SECTION C.
2. The questions in SECTION A and SECTION B are COMPULSORY.
3. Answer any TWO questions in SECTION C.
4. Read ALL the questions carefully.
5. Number the questions correctly to the numbering system used in this question paper.
6. Write neatly and legibly.



SECTION A (COMPULSORY)		
Answer ALL the questions in this section		
QUESTION 1		
1.1	Various options are provided as possible answers to the following questions. Choose the answer and write only the letter (A – D) next to the question number (1.1.1 – 1.1.5) in the ANSWER BOOK, for example 1.1.6 D.	
1.1.1	The following could promote long term engagement in physical activity:	
	A	Watching sport on television.
	B	Reading sport magazines.
	C	Playing computer games with a sport theme.
	D	Participation in indigenous games.
		(1)
1.1.2	A summary of yourself that best describes your manners, beliefs and values as well as your vision of future plans is called a/an:	
	A	Action plan statement.
	B	Vision statement.
	C	Religion statement.
	D	Mission statement.
		(1)
1.1.3	Positive well-being of internet users which involves understanding the risks of harmful online behaviours.	
	A	Cyber-bullying.
	B	Cyber-wellness.
	C	Cyber-safety.
	D	Cyber-savvy.
		(1)
1.1.4	Which of the following is NOT a factor that will make your grade 12 successful?	
	A	Effective study methods and styles.
	B	Consistent management of your time.
	C	Completion of some school-based tasks.
	D	Good examination writing skills
		(1)
1.1.5	The aim of a trade union is to ...	
	A	protect workers from unfair treatment.
	B	assist in the organisation of strikes.
	C	negotiate for better worker accommodation.
	D	protect workers from unfair treatment in society.
		(1)


1.2	Give ONE word/term for EACH of the following descriptions. Write only the word/term next to the question numbers (1.2.1 to 1.2.3) in the ANSWER BOOK.
1.2.1	The control of information and ideas in a society, usually by a government. (1)
1.2.2	The process of identifying and hiring the best qualified candidate for a job. (1)
1.2.3	A policy that tries to repair past discrimination through methods to ensure equal opportunity, as in education and employment. (1)
1.3	Answer the following questions by writing the answer next to the question numbers (1.3.1 to 1.3.4) in the ANSWER BOOK. Write your answers in full sentences.
1.3.1	Give TWO examples of human factors that cause ill-health. (2 x 1) (2)
1.3.2	Explain why School Based Assessment (SBA) is important? (1 x 2) (2)
1.3.3	Why do you think stress may trigger mental disorders? (2 x 1) (2)
1.3.4	Discuss the importance of evaluating the pros and cons before making a decision. (1 x 2) (2)



1.4	Read the source below and answer the following questions. Write your answers in full sentences.	
 <p>DANGERS OF SOCIAL MEDIA</p> <div style="border: 1px solid black; padding: 10px; background-color: #f9e79f; margin: 10px auto; width: 80%;"> <p style="font-size: 2em; font-weight: bold;">”</p> <p style="text-align: center; font-weight: bold;">DID YOU KNOW SOCIAL MEDIA CAN NEGATIVELY AFFECT YOUR MENTAL HEALTH?</p> <p style="font-size: 2em; font-weight: bold;">”</p> </div> <p>[Adapted from www.biacalatrice.com. Accessed on 12 May 2023.]</p>		
	1.4.1	Explain why social media can break a person. (1 x 2) (2)
	1.4.2	Recommend ONE way in which learners could prevent violating other people’s rights on their social media. (1 x 2) (2)
TOTAL SECTION A:		20




SECTION B (COMPULSORY)	
Answer ALL the questions in this section. Write your answers in full sentences.	
QUESTION 2	
Read the extract below and answer the questions that follow.	
<p>WORKERS! KNOW YOUR RIGHTS!</p> <p>Becoming a worker could cause stress, anxiety, and many uncertainties about their roles, do's and don'ts in the workplace.</p> <p>School leavers entering the labour market should be educated about the importance of understanding the labour laws written in the Constitution of South Africa. These labour laws refer to three main employment acts which aim is to provide protection against unfair practices and unfair treatment in the workplace.</p> <p>The Employment Equity Act (EEA), Basic Conditions of Employment Act (BCEA) and the Labour Relations Act (LRA) guides both the employer and the worker about their rights and responsibilities in their place of work.</p> <p>The labour laws allow trade unions as an association of workers to enter in collective bargaining to negotiate rights and interests in the workplace. This form of organised labour thus aims to improve workers working conditions.</p> <p>[Adapted from globalcompliancenews.com/. Accessed on 12 May 2023.]</p>	
2.1	Describe the following terms: 2.1.1 Collective bargaining 2.1.2 Organised labour (2 x 2) (4)
2.2	Explain how the following labour laws provide protection to employees. 2.2.1 Employment Equity Act (EEA) 2.2.2 Basic Conditions of Employment Act (BCEA) 2.2.3 Labour Relations Act (3 x 2) (6)
2.3	Discuss TWO ways on how to deal with unfair treatment in the workplace. (2 x 2) (4)
2.4	Recommend TWO facts that you would give a worker to join a union in the workplace. In your response, also indicate how this may benefit the worker. (2X3) (6)
20	


QUESTION 3	
Read the extract below and answer the questions that follow.	
 <p>SOUTH AFRICANS UNITE FOR ETHICAL GOVERNANCE.</p> <p>South Africa is a constitutional democracy with a three-tier system of government and an independent judiciary. The national, provincial and local levels of government have legislative and executive authority in their own spheres, and are defined in the Constitution as distinctive, interdependent and interrelated.</p> <p>A government by the people, for the people, requires all levels of government and communities to uphold the constitution and work together to ensure that the lives of ordinary citizens are not badly affected by e.g., fraud and corruption. Communities should raise their concerns on incidences of particularly corruption that they are aware of to their Local Governments.</p> <p>Fighting against and preventing fraud and corruption is the duty of a responsible citizen regardless of status.</p> <p>[Adapted from www.gov.za: Accessed on 01 June /2023]</p>	
3.1	Indicate the THREE groups that make up a Local Government. (3 x 1) (3)
3.2	With regard to Local Government issues, outline THREE ways that the community members could use to raise their concerns. (3 x 1) (3)
3.3	What is the role of the National Council of Provinces? (1 x 2) (2)
3.4	Explain why it is important to have a Provincial level of governance. (1 x 2) (2)
3.5	Assess how fraud and corruption have badly affected the lives of ordinary South Africans. (2 x 2) (4)
3.6	Recommend ways in which you would deal with fraud and corruption if you were a member of the governing party. (2 x 3) (6)
	20
TOTAL SECTION B: 40	

SECTION C	
Answer any TWO questions in this section.	
Your responses must consist of paragraphs. Marks will only be allowed for responses written in full sentences.	
QUESTION 4	
Read the extract below and answer the questions that follow.	
<p>ABUSE OF SOCIAL MEDIA</p> <p>In recent years, cyberbullying has negatively impacted many social media users on various social media platforms. Cyber bullying urgently needs to be addressed to prevent teenage depression, fights breaking out in schools, and thus resulting in a generation of adults continuing with this behaviour. The ways in which cyber bullying occurs needs to be exposed, so that social media users may be educated on the different profiles of cyber bullies.</p> <p>[Adapted from: https://www.unicef.org/end-violence/how-to-stop-cyberbullying: Accessed on 25- April 2023]</p>	
Write paragraphs on social media and social media platforms.	
Use the following as guidelines.	
●	State FOUR ways in which cyber bullying occurs. (4 x 1) 4
●	Analyse the negative impact that cyber bullying may have on its target. (2 x 4) (8)
●	Critically discuss how parents could help their children who are victims of cyber bullying. (2 x 4) (8)
20	



QUESTION 5	
Read the extract below and answer the questions that follow.	
 <p style="text-align: center;">UNDERSTANDING CANCER TOGETHER</p> <p>Many people fall ill and die because of various lifestyle diseases caused by unhealthy lifestyles and certain environmental factors. Lung cancer as a lifestyle disease is one of the world’s most frequently diagnosed types of cancer and the number one cause of cancer-related deaths. Education about the causes of lung cancer and intervention strategies to prevent it is urgent.</p> <p style="text-align: right;"><small>[Adapted from https://www.understandcancertogether.com/understand-cancer/types-of-cancer/lung-cancer. Accessed on 25 March 2023]</small></p>	
Write paragraphs on human factors that cause ill-health, accidents, crises and disasters.	
Use the following as guidelines.	
•	State FOUR environmental factors that may cause lung cancer. (4 x 1) (4)
•	Analyse how lifestyle diseases may negatively impact on the individual. (2 x 4) (8)
•	Critically discuss the intervention strategies that could be used to prevent lung cancer. (2 x 4) (8)
20	



QUESTION 6	
Read the extract below and answer the questions that follow.	
	
WORKER RIGHTS AND OBLIGATIONS	
<p>When you accept a job offer, your new employer may require you to sign a job contract. This job contract is likely to outline the terms of the agreement between employees and the company and may ensure that employees behave ethically. These are important aspects that may protect employees in the workplace.</p>	
<p>[Adapted from <u>Contracts of Employment: A Comprehensive Guide / Indeed.com: Accessed 25 March 2023</u>]</p>	
Write paragraphs on job contract.	
Use the following as guidelines.	
•	State FOUR elements of a job contract (4 x 1) (4)
•	Analyse why it is necessary for all workers to follow the required ethical behaviour in the workplace. (2 x 4) (8)
•	Critically discuss how the job contract could protect employees in the workplace. (2 x 4) (8)
20	
TOTAL SECTION C: 40	
GRAND TOTAL: 100	



EDUCATOR MARKING GRID INDICATING COGNITIVE LEVELS AND MARK ALLOCATION:

QUESTION NUMBER	ACTION VERB	COGNITIVE LEVEL	MARK ALLOCATION
QUESTION 1			
1.1	Multiple choice	L1	5
1.2	One word	L1	3
1.3.1	Give	L1	2
1.3.2	Explain	L2	2
1.3.3	Why	L2	2
1.3.4	Discuss	L2	2
1.4.1	Explain	L2	2
1.4.2	Recommend	L3	2
QUESTION 2			
2.1		L1	2
2.2		L1	2
2.3		L2	2
2.4		L2	4
2.5		L3	4
2.6		L3	6
QUESTION 3			
3.1		L1	2
3.2		L1	2
3.3		L2	2
3.4		L2	4
3.6		L3	4
3.6		L3	6
QUESTION 4			
•		L1	4
•		L2	8
•		L2	8
QUESTION 5			
•		L1	4
•		L2	8
•		L2	8
QUESTION 6			
•		L1	4
•		L2	8
•		L2	8
TOTAL WEIGHTINGS	LOWER ORDER	MIDDLE ORDER	HIGHER ORDER

	32/100	36/100	32/100
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COMMON PROVINCIAL TASK

GRADE 12

LIFE ORIENTATION
CONTROLLED TEST
MARKING GUIDELINES
16 AUGUST 2023

MARKS:100

This MARKING GUIDELINES consists of 18 pages.



IMPORTANT NOTE TO ALL MARKERS

- Should the candidates exceed the number of responses, only the required responses will be marked.
- The remaining responses should be struck out and the following abbreviation should be written: ENNR (Exceeded Number of Required Responses)

SECTION A (COMPULSORY)

QUESTION 1

- 1.1 1.1.1 D (✓)
 1.1.2 B (✓)
 1.1.3 B (✓)
 1.1.4 C (✓)
 1.1.5 A (✓) (5)

- 1.2 1.2.1 Censorship (✓)
 1.2.2 Recruitment (✓)
 1.2.3 Affirmative Action (✓) (3)

- 1.3 1.3.1 **Give TWO examples of human factors that cause ill-health.**

Marks should be awarded as follows:

ONE mark (✓) for each of the TWO responses.

- Psychological factors (✓)
- Social factors (✓)
- Religious Factors (✓)
- Cultural practices (✓)
- Different perspectives (✓)
- Any TWO of the above responses for ONE mark. ✓✓ (2x1) (2)



1.3.2 Explain why School Based Assessment (SBA) is important.

Marks should be awarded as follows:

TWO marks (✓✓) for a well-explained response.

- The needs of the learner are diagnosed (✓) for remediation (✓)
- It improves the quality of teaching and learning (✓) as it makes sure that learners needs are met (✓)
- It shows the learners strengths, (✓) what subject areas learners excel in (✓)
- It prepares learners for mid- year and final examinations. (✓)
Learners become familiar with questions (✓)
- Assessment allows the teacher to assess aspects like interpersonal skills, values and attitudes and teamwork abilities, (✓) that are impossible to assess in a written examination. (✓)
- SBA marks are added to the final mark (✓)(✓)
- To identify how learners cope with new knowledge, content and skills (✓) and specify if learners need to do extra work or not (✓)
- Any ONE of the above responses for TWO marks each. ✓✓ (1x2) (2)

1.3.3 Why do you think stress may trigger mental disorder?

Marks should be awarded as follows:

ONE mark (✓) for each response.

- When a person suffers from stress, there may be severe damage to multiple organs and system. An individual may develop mental disorder such as anxiety and depression (✓)
- Stress increases the risk of mental health problems (✓)
- Mental illness is commonly connected to stress. (✓)
- Any TWO of the above responses for ONE mark each. (2 x 1) (2)

1.3.4 Discuss the importance of evaluating pros and cons before making the decision.

Marks should be awarded as follows:

TWO marks (✓✓) for a well explained response.



- Weighing up pros and cons can speed up decision making process,(✓) improving your understanding of the situation. (✓)
- It encourages you to approach your decision objectively, (✓) without letting your gut feeling impact your choice (✓)
- Any ONE of the above responses for TWO marks each.✓✓ (1x2) (2)



1.4 1.4.1 **Explain why social media can break a person?**

Marks should be awarded as follows:

TWO marks (✓✓) for a well explained response.

- Social media use is consuming an excessive amount of time in someone's life (✓). People start neglecting important activities. (✓)
- People are constantly comparing themselves with others (✓) thus triggering poor self -esteem (✓)
- Toxic interaction can lead to cyber bullying. (✓) This can be emotionally damaging and even lead to tragic consequences (✓)
- Any ONE of the above responses for TWO marks.✓✓ (1x2) (2)

1.4.2 **Recommend ONE way in which learners can prevent violating other people's rights on their social media.**

Marks should be awarded as follows:

TWO marks (✓✓) for a well explained response.

- Respect other people's privacy, (✓) refrain from posting content that include private information about other people without their consent (✓)
- Avoid using hate speech or expressing any form of discrimination on social media. (✓) It's therefore necessary to understand the impact of one's words on other people. (✓)
- Be mindful of what you post (✓) by monitoring what you post and making sure it that not harm or offend anyone. (✓)
- Any ONE of the above responses for TWO marks.✓✓ (1x2) (2)

TOTAL SECTION A: (20)



SECTION B (COMPULSORY)

1. In this section, candidates' answers must be written in full sentences as far as possible. Hence, within a 3- or 6 mark question, candidates could and should be awarded 6, 5, 4, 3, 2 and 1 or a 0 (zero) depending on the level of answers given.
2. It must be noted that each category of the candidates' efforts, a distinction must be made between **excellent**, **good**, **satisfactory** and **poor** responses.



QUESTION 2

- 2.1. **Briefly describe**
 - 2.1.1. **Collective bargaining**
 - 2.1.2. **Organised labour**

Marks should be awarded as follows:

TWO marks (✓✓) for a well-explained response.

2.1.1. Collective bargaining

- Is the process of negotiation between an employer and a trade union representing the workers ✓
- is the process in which working people, through their unions, negotiate contracts with their employers to determine their terms of employment. ✓

2.1.2. Organised labour

- Organized labour which is also known as a union, is an association of workers united as a single, representative entity ✓ to improve the economic status and working conditions of employees through collective bargaining with company management. ✓

[Any TWO of the above responses, TWO marks each] ✓✓ (2x2) (4)

- 2.2. **Briefly explain how do the following labour laws provide protection to employees**

Marks should be awarded as follows:

TWO marks (✓✓) for each of the THREE responses.

2.2.1. Employment Equity Act (EEA)

- The Employment Equity Act is the law that promotes equity in the workplace, ensures that all employees receive equal opportunities and that employees are treated fairly by their employers. ✓ The law protects you from unfair treatment and any form of discrimination. ✓
- Promotes ✓ and achieve equity in the workplace by encouraging equal opportunity amongst all workers, whatever their race, gender or disability. ✓

2.2.2. Basic Conditions of Employment Act (BCEA)

- Is to ensure that all employees are treated fairly. ✓ The Act stipulates the legal requirements with regard to the number of hours to work, overtime hours, meal breaks, different types of leaves, notice of termination of employment and remuneration. ✓



- Prohibits an employer from deducting any monies✓ from the workers' salary without his/her written permission. (Excluding pension, taxes and unemployment fund contributions)✓

2.2.3. Labour Relations ACT (LRA)

- It recognises and regulates the rights of workers✓ to organise and join trade unions, and the right to strike.✓
- To ensure that no employee is treated unfairly or discriminated against.✓
✓The Act provides clear legal guidance on disputes, negotiations and strike action.✓

[Any THREE of the above responses, TWO marks each] ✓✓ (3x2) (6)

2.3. Discuss TWO ways on how to deal with unfair treatment in the work place.

Marks should be awarded as follows:

TWO marks (✓✓) for each of the TWO responses.

- Any employee who feels that he/she has been unfairly discriminated against or that an employer has contravened the laws may lodge a grievance in writing with their employer.✓ The matter may thereafter be referred to the CCMA if the issue cannot be resolved at the workplace.✓
- Employees may refer disputes about alleged unfair labour practices to the CCMA✓ on a LRA 7.11 referral form, or where applicable, to a bargaining council for conciliation. If the dispute remains unresolved, the applicant(s) may refer the matter to arbitration.✓
- There are two methods of resolving labour disputes: through the Labour Disputes Commission or through the court.✓ As a rule, employees first apply to the Labour Disputes Commission. The differences can be settled at this stage if they have a competent lawyer on their side.✓

[Any TWO of the correct responses, TWO marks each] ✓✓ (2x2) (4)



- 2.4. Analyse TWO facts that you would give as being important for someone to join a union in the work place. These facts must each be supported by TWO statements.

Marks should be awarded as follows:

THREE marks (✓✓✓) for each of the TWO responses.

- **Better wages and benefits** ✓ Trade unions use their collective muscle to bargain for better salaries, pensions, holidays, health insurance, sick pay, overtime and more. ✓ Trade unions hammer out negotiations with management to get the best possible deal for employees, so you don't have to. ✓
- **Personal protection** ✓ Unions have got your back. Not only can they tell you your rights, they will defend your rights. ✓ If your employer treats you unfairly, you can rely on support and expert representation from your union
- **Equality** ✓ Trade unions champion equal rights and equal pay. ✓ They fight discrimination against race, gender, sexual orientation and disability. ✓
- **Health and safety** ✓ Unionized workplaces are safer – fact because trade unions won't let workers put their lives at risk to meet production targets or save the company money. ✓ The only people with the moral authority to assess the risk, are those who face the risk. And the only way to have a voice is to have a union. ✓
- **Solidarity** ✓ Trade unions can use their membership of millions to command the attention of the very biggest corporations. ✓ Often, senior management is unaware of a problem that's going on locally, and unions can help resolve an issue on the ground. ✓

[Any TWO of the correct responses, THREE marks each]

(2x3) (6)

20



QUESTION 3

3.1. Indicate the **THREE** groups that make up a Local Government

Marks should be awarded as follows:

ONE mark (✓) for the THREE correct responses

Local government is made up of:

- Municipality formed by elected councilors ✓
- Administration formed by officials appointed by municipal council ✓
- Residence who live in the municipal area ✓

[ONE mark for each of the THREE responses] ✓ (3x1) (3)

3.2. With regard to Local Government issues. Outline **THREE** ways that the community members can do to raise their concerns.

Marks should be awarded as follows:

ONE mark (✓) for each correct response.

- By submitting a petition to municipal managers ✓
- Writing a letter to the official/s ✓
- Visiting the official/ls to deal with the matter ✓

[Any of the THREE of the above responses, ONE mark each] ✓ (3x1) (3)

3.3 What is the role of the National Council of Provinces?

Marks should be awarded as follows:

TWO marks (✓✓) for a well explained response.

- To consider, amend, propose amendments to, or reject the legislation. ✓
It must consider all national bills, ✓
- Has the power to initiate legislation in the functional areas ✓ where Parliament and the provincial legislatures have concurrent legislative power. ✓

[Any ONE of the above responses, TWO marks each] (1x2) (2)



3.4. **Briefly explain why it is important to have a Provincial level of governance.**

Marks should be awarded as follows:

TWO marks (✓✓) for each well explained response.

- Provincial level is responsible for social services like education, health and social development; economic functions like agriculture and roads; ✓ and provincial governance and administration which include the legislature, provincial treasury, local government and human settlements. ✓
- This level is run by legislature that approves provincial laws. ✓
Most civil servants are employed by Provincial Government ✓

[Any ONE of the above responses, TWO marks each] ✓✓ (1x2) (2)

3.5. **Assess how fraud and corruption have badly affected the lives of ordinary South Africans.**

Marks should be awarded as follows:

TWO marks (✓✓) for each well explained responses.

- Fraud and corruption lead to significant financial loss, ✓ a loss of trust in people and institutions ✓
- Lead to emotional distress, ✓ which can have severe negative impacts on individuals. ✓
- Can affect any entity when it is handled poorly, ✓ it can result in an erosion of trust in government and industries causing retrenchment and unemployment ✓
- Lead to a loss of international and economic reputation. ✓ This is particularly true when fraud is facilitated by corruption. ✓
- Without investors into South African economy, ✓ there will be no opportunities for employment. ✓
- As companies experience losses due to fraud and corruption, it inevitably leads to budget cuts, often focused on the employees. ✓
- This can lead to retrenchments ✓ or the freezing of the recruitment process. ✓

[Any TWO of the above responses, TWO marks each] ✓✓ (2x2) (4)



3.6. **Recommend ways in which you would deal with fraud and corruption, if you**

were a member of the governing party

Marks should be awarded as follows:

THREE marks (✓✓✓) for TWO well explained responses.



- There should be regular workshops conducted, where all employees will be trained on how to be honest, transparent, accountable and maintain good work ethics. ✓ It is usually the supervisors and the executives that succumb to the worst of it ✓: so, they should receive the most training as well as the most scrutiny. ✓
- Assess the risk of fraud and chances of employees being corrupt. ✓ Report such risks and develop a policy to regulate employees. ✓ Vigilantly monitor and review the policy regularly. ✓
- Report ✓ any activities of fraud and corruption to relevant authorities ✓ and prompt action must be taken. ✓
- Establish a hotline number or email address ✓ where people can feel free to report criminal activities. ✓ Whistle blowers must be highly protected and not be intimidated. ✓
- Put in place policies, strategies, processes and procedures ✓ to prevent possible fraud and corruption, will put everyone "on the same page" ✓ of zero-tolerance toward corruption at the public sector. ✓
- Put the necessary controls in place ✓ to ensure compliance ✓ with these policies, strategies, processes and procedures. ✓
- Conduct lifestyle audit ✓ at certain time intervals and act on those found guilty of misuse. ✓ To see action taken on those involved, will make other employees avoid getting tempted. ✓
- Expose corrupt activities ✓ and act promptly to stop dishonest practices ✓, so as to gain public confidence. ✓
- Set up committees ✓ to conduct oversight of funds budgeted for ✓ and there should regular auditing. ✓
- Consequence management where one violet the laws and policies put in place ✓, must apply as soon as fraudulent actives are picked up ✓ and action taken must be known by all employees. ✓

[Any TWO well explained responses, THEE marks each] ✓✓✓ (2x3) (6)

TOTAL SECTION B: 20
40



SECTION C

1. Candidates must answer any TWO (2) questions in this section. Should the candidate answer all three questions, only the **first TWO** will be marked. The remaining question should be struck out and the following abbreviation should be written '**ENQR**' (Exceeded number of questions required).
2. Candidates' answers must be in PARAGRAPHS. **Marks will only be awarded for answers that are written in full sentences.**

QUESTION 4**NOTE TO THE TEACHER:**

- In this question, candidates' answers must be written in full sentences as far as possible. Hence, within the 4-mark question, candidates could and should be awarded 4, 3, 2 and 1 or a 0 (zero) depending on the level of answers given.

State FOUR ways in which cyber bullying occurs.

Marks should be awarded as follows:

ONE mark (✓) for each response.

Stimulus ...

- Spreading lies about a person on social media. (✓)
- Posting rumours, threats, or embarrassing information on social networking sites such as Facebook, Twitter, and Instagram.
- Sending hurtful, abusive or threatening messages, images or videos via messaging platforms (✓) /saying mean, threatening or offensive things about others in online chatrooms (✓)
- Impersonating someone and sending mean messages to others on their behalf or through fake accounts. (✓)
- Sending nasty or threatening emails or instant messages. (✓)
- Publishing or sharing photos, videos or webcam footage of someone without their permission. (✓)
- Posting cruel messages on sites like Facebook or creating false profiles or group about someone (✓)
- Posting nude pictures on photo sharing sites for anyone on the internet to view and download. (✓)
- Sending mass emails or text messages that include nude or degrading photos of the victim. (✓)
- Posting mean or hateful names, comments, or content about any race, religion, ethnicity, or other personal characteristics online. (✓)
- Any FOUR of the above responses for ONE mark each. (4 x 1) (4)

Analyse the negative impact that cyber bullying might have on its target.

Marks should be awarded as follows:

FOUR marks (✓✓✓✓) for each well explained responses.

NOTE TO THE TEACHER:

- To be awarded the full FOUR marks, candidates must give a statement, (✓) elaborate on the statement, (✓) qualify it (✓) and give an outcome. (✓)

Cyberbullying targets may:

- feel upset, embarrassed, stupid and even afraid or angry (✓) which can make them lose interest in the things they like (✓) thus making them to feel lonely, isolated and overwhelmed, (✓) which can lead to increased social anxiety and lose trust in others. (✓)
- feel ashamed, nervous, anxious and insecure about what people say or think about them (✓) This can lead to withdrawing from friends and family, negative thoughts and self-talk, feeling guilty about things you did or did not do, or feeling that you are being judged negatively. (✓)
- lose your motivation to do the things that you usually enjoy doing (✓) and feel isolated from the people you love and trust (✓) can perpetuate negative feelings and thoughts (✓) which can adversely affect your mental health and well-being. (✓)
- cause emotional and physiological damage (✓) to defenceless victims as well as psychosocial problems including inappropriate behaviours, drinking alcohol, smoking, depression and low commitment to academics (✓) that can lead to low self esteem resulting in them taking their lives / to suicide (✓).
- be under great emotional stress (✓) that makes them unable to concentrate on their studies and may not want to go to school, (✓) and thus their academic progress is adversely affected (✓) since the victims are often hurt psychologically, the depressive effect of cyberbullying prevents students from excelling in their studies. (✓)
- result to increased depressive behaviour (✓) that will reduce their feeling of self-worth (✓) which may lead to difficulty sleeping and increased instances of bed wetting (✓) and later develop eating disorders, headaches and stomach aches. (✓)
- The feeling of being laughed at or harassed by others (✓), can prevent people from speaking up or trying to deal with the problem (✓) and can perpetuate negative feelings and thoughts (✓) which can adversely affect your mental health and well-being. (✓)
- Any TWO of the above responses for FOUR marks each. (2 x 4) (8)

Critically discuss what parents can do to help their cyber bullied children.

Marks should be awarded as follows:

FOUR marks (✓✓✓✓) for each well explained responses.

NOTE TO THE TEACHER:

- **To be awarded the full FOUR marks, candidates must give a statement, (✓) qualify the statement, (✓) give a second statement (✓) qualify the second statement. (✓)**

Parents can ...

- take an interest in their children's online world (✓) just as they would in any other aspect of their lives (✓) through providing supervision and set reasonable limits on social media and online platforms (✓) to ensure their children have a safe and rewarding online experience. (✓).
- help their children learn to make responsible decisions about using technology (✓) by establishing guidelines and exerting control when necessary (✓) through investigating all the features of the technology they use (✓) and getting information on parental controls for all the technology their children use. (✓)
- get to know their children's online friends (✓) in order to assist them in learning the difference between a real friend and a friendly stranger (✓) thereby closely monitoring their virtual friendships (✓) to protect them from false and dangerous friendships. (✓)
- urge their children never to disclose any information that would reveal who they are (✓), where they live, or where they go to school (✓) to prevent perpetrators to get to them and hurt them. (✓) Instruct them never to arrange to meet online-only friends in person. (✓)
- talk with their kids if they suspect that they are being bullied, (✓) they can do that through noticing changes in their children's behaviour and attitudes (✓) and identifying signals such as difficulty sleeping, headaches, nervousness, stomach aches, and make excuses to avoid going to school (✓) so as to provide necessary help and support to their children. (✓)
- understand that victimized children are more likely to be reluctant to tell anyone about problems with their peers (✓), because they fear losing internet privileges if they report being cyberbullied (✓) therefore parents must show their children that they love (✓) them and will protect them under any circumstances. (✓)
- help their children to block the bully (✓) through using settings that let them electronically block emails, messages, or texts from specific people (✓) and provide them with specific examples of appropriate online content (✓) will help them better understand healthy internet use. (✓)
- let their children get help if they agree, (✓) by organising a meeting with a therapist, a counsellor or mediator at school (✓) may help them work through their feelings (✓) and improve their self-esteem. (✓)
- advise them to never share their email or social media account passwords with anyone, even their best friend (✓) because that friend may share it with other people, (✓) or the friendship may end, and then their private messages could suddenly become very public. (✓)
- Any TWO of the above responses for FOUR marks each. (2 x 4) (8)

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QUESTION 5

NOTE TO THE TEACHER:

- In this question, candidates' answers must be written in full sentences as far as possible. Hence, within the 4-mark question, candidates could and should be awarded 4, 3, 2 and 1 or a 0 (zero) depending on the level of answers given.

State FOUR environmental factors that cause lung cancer.

Marks should be awarded as follows:

ONE mark (✓) for each of the FOUR responses.

- Chemicals in cigarettes/ tobacco smoking (✓)
- Exposure to second-hand smoking (✓)
- Exposure to asbestos (✓)
- Unsafe drinking water (✓)
- Pollutants found in industrial emissions. (✓)
- Exposure to industrial and manufactural chemicals such as pesticides. (✓)
- Burning coal inside homes for the purpose of heating or cooking. (✓)
- Natural radiation / radioactive material found in soil, water, air (✓)
- Exposure to inorganic dust, uranium mining etc (✓)
- High dose of radiation therapy to the chest (✓)
- Any FOUR of the above responses for ONE mark each. (4 x 1) (4)

Analyse the negative impact of cancer to the patients and their family.

Marks should be awarded as follows:

FOUR marks (✓✓✓✓) for each well explained responses.

NOTE TO THE TEACHER:

- To be awarded the full FOUR marks, candidates must give a statement, (✓) elaborate on the statement, (✓) qualify it (✓) and give an outcome. (✓)
- Cancer patients may develop stress, depression and anxiety (✓) which may result in fear of death (✓) causing them to have low self-esteem (✓) and loss of hope towards life. (✓)
- Family will have to deal with the emotional aspect of the sick person (✓) which may result in them having fear of losing their loved one (✓), they may not be able to give the sick person the necessary support she/he needs (✓) while they find it difficult to accept the situation as well. (✓)

- Both the patient and the family may have to deal with the stigma (✓) from other members of the society/community which may lead to depression (✓) resulting in the sick person not to undergo treatment (✓) thus leading to increased sickness and even death. (✓)
- Cancer patients may have to undergo radiation (✓) to the lungs which may cause damages to the heart muscle (✓) and later may results in symptoms of heart failure other heart-related complications, (✓) such as hypertension (high blood pressure), arrhythmias (irregular heartbeats) and coronary artery disease. (✓)
- Cancer patients will have to undergo chemotherapy/ cancer medication/treatment (✓) which may cause long-term side effects (✓) such as lowered white blood cell counts, (✓) which increase the risk of infection (✓) and result in pain and numbness, hair loss and hearing loss. (✓)
- Cancer treatment may be very expensive (✓) for the person and family which may lead to financial burden/debts (✓), thus resulting in the change in the lifestyle of the family (✓) which they may find it very difficult to adapt/accept.
- Any TWO of the above responses for FOUR marks each. (2 x 4) (8)

Critically discuss the intervention strategies that can be used to prevent lung cancer.

Marks should be awarded as follows:

FOUR marks (✓✓✓✓) for each well explained responses.

NOTE TO THE TEACHER:

- **To be awarded the full FOUR marks, candidates must give a statement, (✓) elaborate on the statement, (✓) qualify it (✓) and give an outcome.(✓)**

Stimulus ...

- Eliminate or reduce smoking (✓)in order to reduce the exposure to poisonous cigarette chemicals (✓) that damages the DNA and leads to the growth of cancer cells (✓)and will also prevent second hand smoking to other people (✓) .
- Proper communication through development of cancer awareness programmes (✓) will help disseminate messages/information (✓) that will educate people and generate awareness (✓) about environmental and occupational determinants of lung cancer. (✓)
- Collective efforts to support cancer campaigns (✓) will create better conditions (✓)that will facilitate behavioural modification (✓) to prevent lung cancer. (✓)
- Physical exercise (✓)boosts blood flow to the brain, (✓) thus increasing the supply of oxygen and nutrients to the brain (✓)which will help keeping cancer in remission. (✓) and strengthen lungs to work efficiently. (✓)
- A healthy diet (✓)with lots of fruits and vegetables (✓), non-starchy vegetables and whole fruit, including those high in vitamin C (✓) may also help reduce your risk of lung cancer. (✓)probably lowers risk of lung cancer (✓).

- Regular physical exercise (✓) and will help to thrive through fitness and social connection (✓) as one will receive loving support (✓) which will then optimize people's health and lives strong. (✓)
- Exercise also reduces inflammation (✓) and strengthens your immune system, (✓) which will then strengthen your lungs and helps them work more efficiently (✓) both of which may help protect you from lung cancer. (✓)
- Physical exercise will reduce body weight/ obesity (✓) which has been linked with cancer risk. (✓) It helps regulate your hormones (✓) because increased levels of some hormones can increase your cancer risk (✓). It supports healthy digestion and may reduce the number of toxins in your body. (✓)
- A healthy diet should also be low in saturated fat, trans fat, cholesterol, sodium and added sugars. (✓) because eating too many foods that include high amounts of these can increase your risk for lung cancer (✓) as they decrease cell efficiency and resiliency lung cells (✓).
- Avoid eating processed meats, (✓) such as bacon, sausage or deli meats, (✓) are also linked to an increased risk of lung cancer (✓) because of the chemicals used in their processing. (✓)
- Any TWO of the above responses for FOUR marks each. (2 x 4) (8)

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QUESTION 6

NOTE TO THE TEACHER:

- In this question, candidates' answers must be written in full sentences as far as possible. Hence, within the 4-mark question, candidates could and should be awarded 4, 3, 2 and 1 or a 0 (zero) depending on the level of answers given.



State **FOUR** core elements of a job contract.

Marks should be awarded as follows:

ONE mark (✓) for each response.

Core elements of a job contract include:

- Job title (✓)
- Job description that includes roles and responsibilities. (✓)
- Terms of employment. (✓)
- Compensation and benefits (✓)
- Leaves that include time offs, sick leave and vacation (✓)
- Working hours (✓)
- Terms of termination of employment (✓)
- Any **FOUR** of the above responses for ONE mark each. (4 x 1) (4)

Analyse why it is necessary for all workers to follow the required ethical behaviour in the work place.

Marks should be awarded as follows:

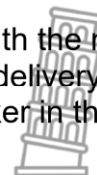
FOUR marks (✓✓✓✓) for each well explained responses.

NOTE TO THE TEACHER:

- To be awarded the full **FOUR** marks, candidates must give a **statement**, (✓) **elaborate** on the statement, (✓) **qualify** it (✓) and give an **outcome**.(✓)

If all workers would...

- commit to always function efficiently (✓) it may lessen any possible frustration among co-workers (✓) which may create a sense of a joined work force (✓) and this may enable everyone to complete their work within the required time limits. (✓)
- take pride in their work (✓) they would do their work with the necessary enthusiasm (✓) thereby ensuring outstanding service delivery at all times (✓) and this may strengthen the integrity of every worker in the company. (✓).



- honour the responsibilities assigned to them, (✓) then each one would also accept accountability for their own failures/successes (✓) which may prevent any possible hostility among workers (✓) and this may enhance good working relationships in the workplace. (✓).
- aim to be professional at all times (✓) everyone could be encouraged to strictly follow this conduct (✓) which may help all workers to maintain the same working standards (✓) thereby ensuring that the principles of the company are upheld. (✓)
- treat each other with respect under all circumstances (✓) it could inspire a positive change to the manner in which they engage with one another (✓) which may foster an attitude of mindfulness (✓) and this may secure an emotionally safe working environment for everyone. (✓).
- show integrity in all that they do (✓) they may refrain from engaging in dishonest practices (✓) which may prevent fraud/corruption in the workplace (✓) and this may ensure that everyone would strive to maintain high morals in the work place. (✓)
- do their work with diligence (✓) they would strive to continually perform at their level best (✓) which may greatly improve the overall productivity in the work place (✓) and this may assist in achieving the common goal of the company. (✓)
- Any TWO of the above responses for FOUR marks each. (2 x 4) (8)

Critically discuss how the job contract can protect employees in the work place.

Marks should be awarded as follows:

FOUR marks (✓✓✓✓) for each well explained responses.

NOTE TO THE TEACHER:

- **To be awarded the full FOUR marks, candidates must give a statement, (✓) elaborate on the statement, (✓) qualify it (✓) and give an outcome.(✓)**

Job contract:

- clearly defines all the expectations of the new employment relationship (✓) as it does not only provide employees with a written, legal agreement detailing their salary, benefits and other relevant workplace policies, (✓) but contracts also usually list all the duties your employer expects them to complete (✓) to avoid uncertainties, misinterpretations and exploitation. (✓)
- provide guaranteed term of employment (✓) because contracts often specify the employment terms' exact duration, (✓) therefore employees often have a good idea of how long their position is guaranteed (✓) as long as they meet your role's expectations (✓) and this type of stability can help the employees to better plan for their future and focus on doing excellent work. (✓)

- provide increased job security (✓) meaning that the employer has to adhere to the employment contract's terms when deciding to end the employment (✓) as the contract will give an opportunity for an employee to correct a problem after they have been given notice, (✓) but before your employment terminated (✓) in that way the employees are being protected from wrongful termination. (✓)
- legally bind both the employer and employee to the terms of the contract, (✓) and it cannot be changed without renegotiating the terms, (✓) therefore when the employer later decides they need to change the terms, (✓) the employee can choose not to agree to the new terms when renegotiating if they do not suit her/him. (✓)
- indicates an employee's role in the organization and provides a full description of the duties (✓), indicating where work will be conducted and how long the shifts will be (✓) which will protect employees from being asked to do other people's work (✓) thus preventing exploitation. (✓)
- determines how much an employee will be paid based on specific calculations (✓) and indicates whether work rendered beyond hours will be compensated through overtime pay (✓) or whether night premiums will be provided (✓) It also discusses the employer's preferred mode of compensation, whether through monthly salary or commission (✓) thus protecting employees to work without being compensated. (✓)
- Any TWO of the above responses for FOUR marks each. (2 x 4) (8)

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TOTAL SECTION C: 40

GRAND TOTAL: 100

